

QCOM

SUBJECT TITLE Unit 10 Shiatsu 3

SUBJECT CODE QCOMS3

CAMPUS Diamond Valley

PREREQUISITES Shiatsu I and 2

PARENT COURSE Diploma of Shiatsu and Oriental Therapies HLT 50202

SUBJECT AIMS

To develop individual treatment approaches and to integrate and consolidate knowledge gained at the Certificate IV level

LEARNING OUTCOMES

At the satisfactory completion of the subject it is expected that students will be able to:

Provide

- i. Point Holding therapy
- ii. Advanced diagnostic and treatment therapy including muscle testing
- iii. Advanced Stretch instruction to clients.
- iv. Advanced Hara diagnosis and treatment

To have completed the criteria for the following units of the Australian Quality Training Framework

- i. HLTSHU2A Apply Shiatsu assessment framework
- ii. HLTSHU6A Provide specific Shiatsu therapy and care
- iii. HLTSHU8A Work within the Shiatsu framework
- iv. HLTSHU11A Apply Shiatsu therapy assessment framework

CONTENT

Matsumoto style hara diagnosis and treatment approaches.

Point holding therapy for specific diseases.

Advanced Oki yoga stretches.

Formulating individual developmental approaches to applying Shiatsu.

METHODS OF TEACHING

This unit is a face to face unit of training incorporating demonstration and practical application

REQUIRED READING

Text book supplied at commencement of the course together with handouts supplied at each session.

RECOMMENDED READING

Do it Yourself Shiatsu W Ohashi Unwin Paperbacks 1979

The Ohashi Bodywork book Kodansha International 2001

Yin and Yang Shiatsu S Masunaga Japan Publications 1996

The complete Book of Shiatsu Therapy T. Namikoshi Japan Publications 1981

Tsubo K. Serizawa Japan Publications 1977

Meridian Exercises S Masunaga Japan Publications 1996

Reflections of the Sea K Matsumoto S. Birch Paradigm Publications 1988

CLASS CONTACT

The equivalent of three and a half hours per week for 9 weeks or 6 hours per week for six weeks.

ASSESSMENT

Written integration, class assessment by observation. Practice record of 20 hours.

A competency must be gained in both categories.