

Facial Rejuvenation Dry Needling Course Outline

Day 1

Occupational Health and Safety

Definition of Facial Rejuvenation

Equipment

Dry Needling techniques

Distal Points and their relationship to facial zones

The use of the different needle types

Needling the Neck

Needling the Jaw

Needling the lower parts of the face

Using Spinex needles to treat around the eyes

Needling the forehead

Day 2

Head and Neck massage

Dermal Rollers

Jade Rollers

Application of serum