



THE AUSTRALIAN COLLEGE  
OF EASTERN MEDICINE

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PROSPECTUS 2018-19

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**COURSES OFFERED AT ACEM**

Training options include Nationally Recognised Training in Shiatsu, Nationally Recognised Training in Remedial Massage, and Training in Animal Acupuncture and Shiatsu Certificate courses that are accredited by IICT.

We are also a CRICOS accredited training organisation [provider #02903M] offering overseas students the opportunity to study Shiatsu and Remedial Massage to the very high national standards.

Our focus is on individual training in a mentor style of tuition, with class sizes kept small so that individual attention is assured. We take great pride in our very high level of graduates' success in continuing on into their chosen vocation of complementary medicine.

We also focus on the students' health and well-being. Each training day starts with a yoga session or Qi-Gong to improve and maintain vitality and optimum health. All courses are designed to equip the graduate with the skills necessary to be a well rounded health professional. Training includes a strong focus on self-development and awareness and compassion for others. At ACEM we believe that these attributes are fundamental components of a good practitioner.



This Nationally Recognised Diploma level course is designed to make your career as a professional Massage Therapist as successful and sustainable as possible. The course embraces a good grounding in Western Massage techniques and theory, as well as a variety of Eastern Massage approaches.

Graduates enjoy the ability to offer a wider variety of techniques to their patients to achieve the best result. Many of the Eastern massage techniques (such as the use of Trigger Points) offer a less strenuous, more sustainable and more effective way to physically treat people.

People have benefited from different massage skills for thousands of years and these methods can easily be incorporated within a massage treatment. Working smarter for a better patient outcome leads to a long-term successful career as a Massage Therapist.

Aspects of training include massage and nutrition for athletes, use of osteopathic techniques in releasing chronic structural imbalances, cupping and Trigger Point therapy.

Training is offered in either a 12 month full time program or an 18 month part time program.

Below is the list of the units covered in this Health Training package:

SUBJECT CODE	Unit Title
CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
CHCLEG003	Manage legal and ethical compliance
CHCPRP003	Reflect on and improve own professional practice
CHCPR005	Engage with health professionals and the health system
BSBSMB404	Undertake small business planning
HLTAAP003	Analyse and respond to client health information
HLTAID003	Provide first aid
HLTINF004	Manage the control of infection
CHCCCS001	Address the needs of people with chronic illness
HLTMSG001	Develop Massage Practice
HLTMSG002	Assess client massage needs
HLTMSG003	Perform remedial massage musculoskeletal assessments
HLTMSG004	Provide massage treatments
HLTMSG005	Provide remedial massage treatments
HLTMSG006	Adapt remedial massage practice to meet specific needs
HLTMSG007	Adapt remedial massage practice for athletes
HLTMSG008	Monitor and evaluate remedial massage treatments
HLTHPS010	Interpret and use information about nutrition and diet
SISSSCO307	Provide nutrition information to athletes
HLTWHS004	Manage work health and safety

Below is the list of subjects where the Health Training package requirements are completed.

Unit	Subject	Hours	Fees
Unit 1	Anatomy and Physiology	120	\$650
Unit 2	Massage and practice in Australian Health Care	40	\$350
Unit 3	Counselling Skills	60	\$650
Unit 4	Introduction to Massage	80	\$650
Unit 5	Pathology	70	\$650
Unit 6	Massage Assessments and Protocols	80	\$650
Unit 7	Practice Management	80	\$650
Unit 8	Business Plans	40	\$450
Unit 9	Work Health and Safety	30	\$350
Unit 10	Senior First Aid	30	\$140
Unit 11	Kinesiology	60	\$650
Unit 12	Remedial Massage Theory and Practice 1	60	\$650
Unit 13	Massage for Different Needs	60	\$650
Unit 14	Remedial Massage Theory and Practice 2	60	\$650
Unit 15	Food as medicine	40	\$650
Unit 16	Sports Massage	60	\$650
Unit 17	Sports Nutrition	60	\$650
Unit 18	Supervised Student Clinic	270	\$650
	Administration Fee		\$250
	Total	1280	\$10,640



We offer a Nationally Recognised Training qualification in Shiatsu.

Diploma of Shiatsu and Oriental Therapies HLT522015 can now be completed in 10 months. The training includes study in Zen Shiatsu, Namikoshi, Bare foot and Ohashi styles.

All classes start with Zen Yoga so students not only become supple and strong, but also develop self awareness and the capability to impart the philosophy of self management to others by example.

The Diploma course offers comprehensive training in all areas of Shiatsu practice. Graduates of this comprehensive study program are well equipped to treat and advise their future clients with a high degree of professionalism and experience and applicable knowledge. What makes our program unique is the inclusion of current technological treatment methods such as Ryodoraku.

Ryodoraku is a simple electronic meridian diagnosis which in conjunction with either laser or finger pressure on certain pressure points, helps restore imbalances in the body.

This system is great for using on children or for patients that are difficult to diagnose in the conventional ways

At ACEM our philosophy is that each person is ultimately responsible for their own health. We have a strong emphasis on encouraging our students to influence their future clients in being more involved in their own well being.

Training includes the study of over 50 stretches that can be easily taught to clients.

Our training also includes in Food as Medicine where students are taught how to prepare healthy and tasty meals that can be individualised for each client's needs.

Below is a the list of the units in the Health Training Package

SUBJECT CODE	Unit Title
CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
CHCLEG003	Manage legal and ethical compliance
CHCPRP003	Reflect on and improve own professional practice
CHCPRP005	Engage with health professionals and the health system
HLTAAP002	Confirm physical health status
HLTAAP003	Analyse and respond to client health information
HLTAID003	Provide first aid
HLTINF004	Manage the prevention and control of infection
HLTSHU001	Work within a framework of traditional oriental medicine
HLTSHU002	Develop Shiatsu practice
HLTSHU003	Maintain personal health and awareness for traditional oriental medicine practice
HLTSHU004	Perform Shiatsu therapy health assessments
HLTSHU005	Perform oriental therapies health assessments
HLTSHU006	Provide Shiatsu therapy treatments
HLTSHU007	Provide oriental therapies treatments
HLTSHU008	Adapt Shiatsu and oriental therapies practice to meet specific needs
HLTSHU009	Monitor and evaluate traditional oriental medicine treatments
HLTWHS004	Manage work health and safety
BSBSMB403	Market the small business
BSBSMB404	Undertake small business planning
CHCCCS001	Address the needs of people with chronic disease
CHCDIS007	Facilitate the empowerment of people with disability



Below are the subjects that are offered to fulfil the Health Training requirements

Unit	Subject	Hours	Fees
Unit 1	Anatomy and Physiology	120	\$650
Unit 2	Shiatsu 1	60	\$650
Unit 3	Counselling Skills	80	\$650
Unit 4	Shiatsu 2	60	\$650
Unit 5	Pathology	70	\$650
Unit 6	Oriental Medicine Theory	80	\$650
Unit 7	Practice Management	80	\$650
Unit 8	Business Plans	40	\$450
Unit 9	Work Health and Safety	30	\$350
Unit 10	Senior First Aid	30	\$140
Unit 11	Meridian Theory and Point Location	60	\$650
Unit 12	Physical Diagnosis	60	\$650
Unit 13	Differential Diagnosis	60	\$650
Unit 14	Shiatsu 3	60	\$650
Unit 15	Assessment and Care	60	\$650
Unit 16	Oriental Therapies	60	\$650
Unit 17	Oriental Remedial Therapies	60	\$650
Unit 18	Psychology and Oriental Medicine	60	\$650
Unit 19	Food as Medicine	60	\$650
Unit 20	Clinical Practice	250	\$650
	Administration Fee		\$250
	Total	1280	\$12,240

ACEM is a CRICOS accredited provider 02903M . International students may enrol in either the Diploma of Shiatsu and Oriental Therapies (HLT52215) {CRICOS code # 094683A} or the Diploma of Remedial (HLT52015) {CROCOS code # 094527B}

### Student Recruitment Policy

Recruitment of overseas students is conducted in an ethical and responsible manner. Any offer of a place on a course made to an overseas student is based on an assessment by a suitably qualified person i.e. one that holds a minimum of the qualification being offered. This policy assures that appropriate assessment will be made to determine if the student's qualifications and proficiencies are appropriate to the course.

### Evidence of Assessment

Intending overseas students must submit evidence that where relevant the English language skills proficiency assessments have been carried out, by a suitably qualified person. A literacy and numeracy test will be given as part of the induction process.

### Visa Application

Students wishing to study at ACEM must obtain a student visa from the Australian Diplomatic Mission or Consulate in their home country prior to travelling in Australia.

The main requirements for visa applications are:

- \* Letter of Offer from the College.
- \* Confirmation of Enrolment from the College.
- \* Medical check-up as required by regulation.
- \* Proof of financial support as required by regulation.

These requirements are intended as a guide only and may vary from country to country. For applicants from some countries a preliminary, pre-visa assessment may be required by the Australian Diplomatic Mission or Consulate in your country. It is advisable to make enquiries in your home country.

### Visa Conditions

- \* International Students must maintain a full-time study program, equivalent to 20 contact hours, on-campus as set out in the accredited course structure (supplied on application).
- \* International Students are not permitted to study part-time unless they are already in Australia on a spouses study visa or a diplomatic or dependant temporary resident visa.
- \* Student visas are usually issued for the period of the course. Students must seek a new visa before expiration of their current visa.
- \* The College is obliged to report to the Australian Government any student who does not attend classes or who is not making satisfactory progress in their studies. Such a student may be asked by the Government to leave the country.
- \* It is a requirement that International students pay to Medibank the Overseas Student Health Cover (OSHC) for themselves and any family members travelling with them in Australia. The current fee is \$324AUD for a single student for 12 months. These fees are reviewed annually. As a member of OSHC, 85% of the Government Scheduled fees for private doctors, pathology, and x-rays are paid. The OSHC does not cover any pre-existing condition prior to entry into Australia, including pregnancy. The College will organise the first years payment. However it will be the students responsibility thereafter.
- \* Students are required to attend for 20 contact hours per week.
- \* Students must attend at least 80% of the contact hours scheduled for the duration of the course.
- \* Students must notify the College of their address within 7 days of arrival in Australia and within 7 days of any change of address.

## Work Rights

As an overseas student in Australia, you should have enough money to support yourself and your family for the entire time that you are studying. You are not automatically given the right to work once you are in Australia. If you do need to get a job while studying, you will have to apply for and obtain a new student visa with permission to work attached as a condition of that visa.

Students and dependents can only apply for a visa with work rights after they arrive in Australia and the student has begun studying. The application charge for a student visa with permission to work is currently \$50AUD. Work rights cannot be given with a student visa granted outside Australia.

If a student visa with work rights is granted, you will only be allowed to work for 20 hours a week while the Australian education provider you are studying with is in session. However, you can work for longer periods during your holidays. The money you earn from working in Australia should only supplement your income and not be used as your only source of income.

## Illness/Special Circumstances

Only full-time study is available to international students and attendance records are kept. If a student experiences serious medical problems after commencement which affects attendance, medical certificates or other evidence must be provided. If attendance continues to be affected the student must discuss with the College and the Department of Immigration and Multicultural Affairs whether s/he may stay in Australia.

If attendance is affected by exceptional, compassionate circumstances (e.g. bereavement) the student must discuss this with the College. The College is, however, required to report unsatisfactory attendance.

## Student Support Services

Our Student Support Services include:

- \* Regular communication with agents/ parents, including written reports at the end of each term
- \* A 24 hour emergency telephone contact, supervised by the manager, Student Support Services

In-school Support

International students are also supported at ACEM with the following:

- \* An international student contact person
- \* An orientation program to help new students to settle into the school community.

## Referral for Counselling Services

Some students who experience difficulty with study and/or who identify as having difficulty may require counselling support to successfully complete their units of study. In such circumstances

the lecturer will provide whatever assistance is reasonable and equitable. If further support is required the student is referred to Student Services. If personal counselling is required, they are referred to the relevant agency from the following list. It is the student's responsibility to contact a counsellor and negotiate a commercial rate for services.

## Ongoing English Language Support

We recognise that proficiency in English is the key to success in your studies. Experienced and qualified English as Second Language (ESL) teachers can be made available if required.

## Language Literacy and Numeracy

Appraisal in Language, Literacy or Numeracy problems and any other assistance may be obtained from the following sources:

Dept of Employment and Training

3247 0278

[www.det.qld.gov.au](http://www.det.qld.gov.au)

TAFE language , Literacy Services

Denise Mapleston

Project Manager

[denise.mapleston@det.qld.gov.au](mailto:denise.mapleston@det.qld.gov.au)

## Overseas Student Refund Policy

All overseas students must pay the stated fees, prior to the issue of a Confirmation of Enrolment.

The fees comprise the first year of tuition and a registration fee.

This Policy applies to each term enrolled at the College.

Refunds will be paid within 4 weeks after receipt of a written application

A refund will be arranged in the following circumstances:

If a student visa is refused by the Australian authorities overseas, All tuition fees are refunded minus the registration fee of \$250

If a student withdraws prior to term commencement -more than 10 weeks prior results in a 90% tuition fee refund: less than 10 weeks prior results in a 70% refund of tuition fees

If a student withdraws after the commencement of term and during the first 4 weeks of term , a 30% refund of tuition fees minus an Administration fee of \$400

No refund of tuition fee is available after the first 4 weeks of term.

A full refund of fees is payable, less an administration fee of \$400 for subsequent terms in the event that a student is withdrawn from a course due to breach of visa conditions or ACEM policies

### Causes for No Refund

No refund will be paid if a student is withdrawn from a course due to breach of visa conditions or ACEM policies.

Provider default is covered by the provisions of ESOS Act 2000 and the ESOS Regulation 2001:

If the course does not commence on the agreed starting date

If the courses ceases to be provided at any time after it starts but before it is completed.

If the course is not provided in full to the student, because of any sanctions imposed upon the registered provider.

A copy of the Refund Policy will be provided to each intending overseas student at least 2 weeks prior to the starting date of study.

Refunds will be paid by ACEM directly to the person who enters into the contract unless the person gives written direction to ACEM to pay the refund to someone else.

Refunds will be made in the same currency in which the fees were paid wherever possible.

Please note that this agreement and the availability of complaints and appeals processes, does not remove the right to take further action under Australia's consumer protection laws.  
V 2010

### Policy for unaccompanied children

ACEM will not enrol any persons who are under the age of 18 years of age.

### Attendance and Enrolment Policies and Procedures

ACEM implements its own system for monitoring student's compliance with student visa conditions relating to attendance .

ACEM will monitor the progress of students regarding their enrolment load and attendance in courses.

Attendance of at least 80% of each course's contact hours is necessary for overseas students.

Completion of the study program must be completed in the designated time frame for course in which the student is enrolled.

Students are allowed to complete 25% of their course online.

Students cannot be exclusively enrolled in distance learning in any study period.

Students who miss 5 or more consecutive days of a course without approval or who are at risk of not attending at least 80% of a course will be notified that they have failed to meet satisfactory attendance requirements.

Monitoring will also be conducted at the end of each unit of training and again at the end of each semester.

If a student is at risk of not fulfilling the enrolment and attendance requirements i.e. if they are deemed not yet competent in 50% or more of enrolled units in any study period ACEM will inform the student that they are at risk of failing to achieve course progress and offer counselling to help identify the student's needs.

Extension time to complete a course can be granted by ACEM on compassionate or compelling circumstances.

If a student fails to meet satisfactory enrolment or attendance ACEM will inform the student in writing that they have failed to meet course progress.

Students will have 20 working days to provide a written letter to ACEM's complaints and appeals process, to explain their reasons as to why they have not fulfilled

**DIPLOMA of REMEDIAL MASSAGE**  
**HLT 52015 (International Students)**  
**CRICOS Code # 094527B**

Unit	Subject	Hours	Fees
Unit 1	Anatomy and Physiology	120	\$750
Unit 2	Massage and practice in Australian Health Care	40	\$450
Unit 3	Counselling Skills	60	\$750
Unit 4	Introduction to Massage	80	\$750
Unit 5	Pathology	70	\$750
Unit 6	Massage Assessments and Protocols	80	\$750
Unit 7	Practice Management	80	\$750
Unit 8	Business Plans	40	\$350
Unit 9	Work Health and Safety	30	\$350
Unit 10	Senior First Aid	30	\$140
Unit 11	Kinesiology	60	\$750
Unit 12	Remedial Massage Theory and Practice 1	60	\$750
Unit 13	Massage for Different Needs	60	\$750
Unit 14	Remedial Massage Theory and Practice 2	60	\$750
Unit 15	Food as medicine	40	\$500
Unit 16	Sports Massage	60	\$750
Unit 17	Sports Nutrition	60	\$750
Unit 18	Supervised Student Clinic	270	\$750
	Administration Fee		\$250
	Total	1280	\$11,790

**DIPLOMA OF SHIATSU AND ORIENTAL THERAPIES**  
**HLT52215 (International Students)**  
**CRICOS code # 094683A**

Unit	Subject	Hours	Fees
Unit 1	Anatomy and Physiology	120	\$750
Unit 2	Shiatsu 1	60	\$750
Unit 3	Counselling Skills	80	\$750
Unit 4	Shiatsu 2	60	\$750
Unit 5	Pathology	70	\$750
Unit 6	Oriental Medicine Theory	80	\$750
Unit 7	Practice Management	80	\$750
Unit 8	Business Plans	40	\$450
Unit 9	Work Health and Safety	30	\$350
Unit 10	Senior First Aid	30	\$140
Unit 11	Meridian Theory and Point Location	60	\$750
Unit 12	Physical Diagnosis	60	\$750
Unit 13	Differential Diagnosis	60	\$750
Unit 14	Shiatsu 3	60	\$750
Unit 15	Assessment and Care	60	\$750
Unit 16	Oriental Therapies	60	\$750
Unit 17	Oriental Remedial Therapies	60	\$750
Unit 18	Psychology and Oriental Medicine	60	\$750
Unit 19	Food as Medicine	60	\$750
Unit 20	Clinical Practice	250	\$750
	Administration Fee		\$250
	Total	1280	\$13,940



Training is comprised of Practical and Theoretical units of study.  
The option is available for study to be completed in either 12 months or over a longer period of time.



Training is accredited by The International Institute of Complimentary Therapists and graduates can obtain malpractice insurance.

## Unit 1 Oriental Medicine Theory

### MODE OF DELIVERY –CORRESPONDENCE

The Theories that constitute Traditional Chinese Medicine are detailed in this unit of training, including the Yin Yang Theory, The Five Element Theory and the Functions of the Organs

## Unit 2 Equine Shiatsu

### MODE OF DELIVERY 2 DAY SEMINAR

Animal Shiatsu is the application of Japanese style acupressure massage to animals. Students are guided in the correct application of Shiatsu to all meridians on horses. Shiatsu has many health benefits to horses and other animals and also assist the practitioner in diagnosis of their health status.

## UNIT 3 Equine Acupuncture 1

### MODE OF DELIVERY 3 DAY SEMINAR

Students are instructed on safe acupuncture procedure including hygiene, needle disposal and contraindications. Basic needling and point location of the Five Transporting Points is included. Laser therapy is also covered in this unit.

## Unit 4 Equine Acupuncture 2

### MODE OF DELIVERY 3 DAY SEMINAR

More advanced needle techniques and point combinations are introduced including the use of the Eight Extraordinary Vessels, Yuan and Luo point Combinations and Frequency Therapy.

## Unit 5 Equine Acupuncture 3

### MODE OF DELIVERY 3 DAY SEMINAR

The Tendinomuscular Meridians and the Distinct meridians are studied together with the Four Needle technique and Fascia Release Therapy.

## Unit 6 Equine Acupuncture 4

### MODE OF DELIVERY 3 DAY SEMINAR

Electro-Acupuncture, Ion-Pumping Chord

## Unit 7 Differential Diagnosis

### MODE OF DELIVERY –CORRESPONDENCE

Accurate diagnosis is essential in determining the best method of treating the horse.



## ANIMAL ACUPUNCTURE AND ORIENTAL THERAPIES CERTIFICATE

This unit details the differentiating patterns of disease in the organs and outlines the best treatment method and point selections for each individual disorder.

### Unit 8 Meridian Theory and Point Location

#### MODE OF DELIVERY – CORRESPONDENCE

The theories behind the dynamics of the meridians and the function and location of the major points is consolidated in this unit.

### Unit 9 Anatomy and Physiology and Horse Handling

#### MODE OF DELIVERY- CORRESPONDENCE

Structure and Function of Horse anatomy and Physiology together with horse handling skills are covered in this unit. This unit is offered by Tamworth TAFE .

### Unit 10 Practice Management

#### MODE OF DELIVERY- CORRESPONDENCE

A successful business is determined by many factors. This unit helps prepare those who have no business skills to understand essential elements in running a business including marketing strategies, book keeping and advertising approaches.

### Unit 11 & 12 Student Clinic

#### MODE OF DELIVERY one 5 DAY SEMINAR

The accumulation of the skills obtained from all other units are consolidated in a clinical environment.

Unit	Subject	Hours	Fees
Unit 1	Oriental Medicine Theory	70	\$650
Unit 2	Equine Shiatsu	60	\$650
Unit 3	Equine Acupuncture 1	60	\$900
Unit 4	Equine Acupuncture 2	60	\$900
Unit 5	Equine Acupuncture 3	60	\$900
Unit 6	Differential Diagnosis	60	\$650
Unit 7	Meridian Theory and Point Location	60	\$650
Unit 8	Anatomy and Physiology for Horses (External)	100	\$600
Unit 9	Practice Management	60	\$450
Unit 10	Student Supervised Clinic	60	\$900
	Administration Fee		\$250
	Total	650	\$7,500

## CPE courses

ACEM offers a number of Continuing Professional Education (CPE) courses. CPE points are a part of annual requirements by all major Health Societies such as ATMS, ANTA and AAMT

ACEM offers both distance and face to face learning options including:

- Dry Needling
- Facial Rejuvenation
- Cupping Certificate
- Scalp Acupuncture
- Senior First Aid

Training is offered at all campuses at different time of the year.