

Overall Framework

• Total Hours: 1250 hours

- Classroom: 480 hours (48 weeks × 10 hours, 2.5 hours × 4 days)
- Online: 576 hours (48 weeks × 12 hours)
- Clinical Practice: 200 hours (completed in student's own clinic, under ACEM supervision)

• Course Structure:

- 21 units divided into 6 modules, each 8 weeks, totaling 48 weeks.
- 2025 includes 4 weeks of holidays (assumed Dec 15, 2025 – Jan 11, 2026, Christmas/New Year with 48 teaching weeks (Jan 14 – Dec 14, 2025).
- Rolling Enrollment: Students can join every 8 weeks (module start) and graduate after completing 6 modules.

• Weekly Schedule:

- Tuesday, Thursday, Friday: Theory + practical (2.5 hours/day)
- Saturday: Classroom practical (2.5 hours)
- Clinical Practice: Completed in student's own clinic, increasing progressively (1-10 hours/week)
- Online Learning: 12 hours/week via ACEM platform.

Module and Unit Allocation

The 21 units (16 core + 5 electives) are divided into 6 modules, as follows (electives assumed, confirm with ACEM):

Module 1:	Foundational Anatomy and Physiology (HLTAAP002, HLTAAP003)
Module 2:	Massage Foundations and Client Communication (CHCCOM006, HLTMSG009)
Module 3:	Client Assessment and Treatment Planning (HLTMSG013, HLTMSG015, CHCCOM006)
Module 4:	Advanced Massage Techniques (HLTMSG014, HLTMSG010, Elective: Sports Massage)
Module 5:	Occupational Health and Integrated Application (HLTWHS004, HLTINF004, HLTMSG011, Elective: Pregnancy Massage)
Module 6:	Business Management and Professional Development (BSBMED303, CHCPRF001, HLTMSG017, Electives: Clinic Operations, Advanced Techniques) HLTMSG017, Clinic Operations, Advanced Techniques)

2025 Course Schedule (Student A, Joining Jan 14)

Below is the 48-week schedule for Student A, starting Jan 14, 2025 (Week 1), covering Jan 14 – Dec 14, 2025 (excluding Dec 15, 2025 – Jan 11, 2026 holiday). Other students can join at later module starts (Weeks 33, 41), with schedules adjusted accordingly.

Weeks 1-8: Module 1 (Foundational Anatomy and Physiology)

- Dates: Jan 14, 2025 – Mar 8, 2025
- Weekly Schedule:
 - Tuesday (6:30-9:00 PM): Anatomy theory (skeletal, muscular systems, 1.5 hours) + model discussion (1 hour)
 - Thursday (6:30-9:00 PM): Physiology theory (circulatory, nervous systems, 1.5 hours) + case study (1 hour)
 - Friday (6:30-9:00 PM): Anatomy practical (muscle/bone identification, 2.5 hours)
 - Saturday (6:30-9:00 PM): Anatomy practical (models/simulation, 2.5 hours)
 - Clinical Practice: 1 hour/week (student's clinic, client observation, total 8 hours)

- Online Learning: 12 hours/week (anatomy videos, quizzes)
- Hours: 80 classroom + 96 online + 8 clinical = 184 hours

Weeks 9-16: Module 2 (Massage Foundations and Client Communication)

- Dates: Mar 11, 2025 – May 3, 2025
- Weekly Schedule:
 - Tuesday: Client communication theory (1.5 hours) + role-play (1 hour)
 - Thursday: Relaxation massage techniques (theory + demo, 1.5 hours) + initial practice (1 hour)
 - Friday: Relaxation massage practical (2.5 hours)
 - Saturday: Relaxation massage practical (2.5 hours)
 - Clinical Practice: 2 hours/week (student's clinic, client reception, total 16 hours)
 - Online Learning: 12 hours/week (ethics, massage foundations)
- Hours: 80 classroom + 96 online + 16 clinical = 192 hours

Weeks 17-24: Module 3 (Client Assessment and Treatment Planning)

- Dates: May 6, 2025 – Jun 28, 2025
- Weekly Schedule:
 - Tuesday: Assessment techniques theory (1.5 hours) + case discussion (1 hour)
 - Thursday: Treatment planning (theory, 1.5 hours) + simulated assessment (1 hour)
 - Friday: Assessment practical (2.5 hours)
 - Saturday: Assessment practical (2.5 hours)
 - Clinical Practice: 3 hours/week (student's clinic, client assessment, total 24 hours)
 - Online Learning: 12 hours/week (assessment framework, cultural sensitivity)
- Hours: 80 classroom + 96 online + 24 clinical = 200 hours

Weeks 25-32: Module 4 (Advanced Massage Techniques)

- Dates: Jul 1, 2025 – Aug 23, 2025
- Weekly Schedule:
 - Tuesday: Deep tissue massage theory (1.5 hours) + case analysis (1 hour)
 - Thursday: Trigger point therapy (theory + demo, 1.5 hours) + practice (1 hour)
 - Friday: Advanced techniques practical (2.5 hours)
 - Saturday: Advanced techniques practical (2.5 hours)
 - Clinical Practice: 4 hours/week (student's clinic, client treatment, total 32 hours)
 - Online Learning: 12 hours/week (sports massage, advanced techniques)
- Hours: 80 classroom + 96 online + 32 clinical = 208 hours

Weeks 33-40: Module 5 (Occupational Health and Integrated Application)

- Dates: Aug 26, 2025 – Oct 18, 2025
- Weekly Schedule:
 - Tuesday: Work health and safety theory (1.5 hours) + discussion (1 hour)
 - Thursday: Infection control (theory, 1.5 hours) + simulated practice (1 hour)
 - Friday: Integrated treatment practical (2.5 hours)
 - Saturday: Integrated treatment practical (2.5 hours)
 - Clinical Practice: 5 hours/week (student's clinic, independent treatment, total 40 hours)
 - Online Learning: 12 hours/week (safety management, integrated cases)
- Hours: 80 classroom + 96 online + 40 clinical = 216 hours

Weeks 41-48: Module 6 (Business Management and Professional Development)

- Dates: Oct 21, 2025 – Dec 13, 2025
- Weekly Schedule:
 - Tuesday: Client records and professional planning (1.5 hours) + discussion (1 hour)
 - Thursday: Clinic operations (theory, 1.5 hours) + simulated operations (1 hour)
 - Friday: Integrated practical (2.5 hours)
 - Saturday: Integrated practical (2.5 hours)
 - Clinical Practice: 10 hours/week (student's clinic, treatment + documentation, includes extra hours)
 - Online Learning: 12 hours/week (business management, professional development)
- Hours: 80 classroom + 96 online + 80 clinical = 256 hours

Total for 2025:

- Classroom: 480 hours
 - Online: 576 hours
 - Clinical: 200 hours
 - Total: 480 + 576 + 200 = 1256 hours (meets 1250-hour requirement)
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Other Students' Entry Points

Students can join at the following 2025 module start dates, with schedules adjusted to follow the r

- Week 9 (Mar 11, 2025): Start Module 2, complete Module 1 in Jan 2026
 - Week 17 (May 6, 2025): Start Module 3, complete Module 2 in Mar 2026
 - Week 25 (Jul 1, 2025): Start Module 4, complete Module 3 in Apr 2026
 - Week 33 (Aug 26, 2025): Start Module 5, complete Module 4 in Jun 2026
 - Week 41 (Oct 21, 2025): Start Module 6, complete Module 5 in Aug 2026
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Student Information

1. Entry Points: 2025 start dates: Jan 14, Mar 11, May 6, Jul 1, Aug 26, Oct 21.
 2. Graduation Requirements: Complete 6 modules (21 units) + 200 hours clinical practice + 1250 passing all assessments.
 3. Clinical Practice:
 - Completed in student's own clinic, with weekly logs documenting client treatments.
 - Supervision: Monthly reports/videos submitted to ACEM for remote or on-site review.
 - Module 6 requires extra hours (e.g., weekends/workdays) to complete 80 hours.
 4. Assessments:
 - Per module: Online quizzes, written assignments, practical assessments
 - Clinical: 200-hour log with treatment case details
 5. Resources:
 - Classroom: Top Ryde City provides massage tables, anatomy models, projectors
 - Online: ACEM platform (12 hours/week)
 - Clinical: Student's own clinic, equipped to meet standards
 6. Support: Progress tracking via ACEM platform, guidance from instructors (including clinical sup
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