



THE AUSTRALIAN COLLEGE
OF EASTERN MEDICINE

PROSPECTUS 2020

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ACEM CAMPUSES IN AUSTRALIA

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COURSES OFFERED AT ACEM

Training options include Nationally Recognised Training in Shiatsu, Nationally Recognised Training in Remedial Massage, and Training in Animal Acupuncture and Shiatsu Certificate courses that are accredited by IICT.

Our focus is on individual training in a mentor style of tuition, with class sizes kept small so that individual attention is assured. We take great pride in our very high level of graduates' success in continuing on into their chosen vocation of complementary medicine.

We also focus on the students' health and well-being. Each training day starts with a yoga session or Qi-Gong to improve and maintain vitality and optimum health.

All courses are designed to equip the graduate with the skills necessary to be a well rounded health professional. Training includes a strong focus on self-development and awareness and compassion for others. At ACEM we believe that these attributes are fundamental components of a good practitioner.



This Nationally Recognised Diploma level course is designed to make your career as a professional Massage Therapist as successful and sustainable as possible. The course embraces a good grounding in Western Massage techniques and theory, as well as a variety of Eastern Massage approaches.

Graduates enjoy the ability to offer a wider variety of techniques to their patients to achieve the best result. Many of the Eastern massage techniques (such as the use of Trigger Points) offer a less strenuous, more sustainable and more effective way to physically treat people. People have benefited from different massage skills for thousands of years and these methods can easily be incorporated within a massage treatment. Working smarter for a better patient outcome leads to a long-term successful career as a Massage Therapist. Aspects of training include massage and nutrition for athletes, use of osteopathic techniques in releasing chronic structural imbalances, Cupping and Trigger Point therapy.

Training is offered in either a 12 month full time program or an 18 month part time program.

Below is the list of the units covered in this Health Training package:

SUBJECT CODE	Unit Title
CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
CHCLEG003	Manage legal and ethical compliance
CHCPRP003	Reflect on and improve own professional practice
CHCPR005	Engage with health professionals and the health system
BSBSMB404	Undertake small business planning
HLTAAP003	Analyse and respond to client health information
HLTAID003	Provide first aid
HLTINF004	Manage the control of infection
CHCCCS001	Address the needs of people with chronic illness
HLTMSG001	Develop Massage Practice
HLTMSG002	Assess client massage needs
HLTMSG003	Perform remedial massage musculoskeletal assessments
HLTMSG004	Provide massage treatments
HLTMSG005	Provide remedial massage treatments
HLTMSG006	Adapt remedial massage practice to meet specific needs
HLTMSG007	Adapt remedial massage practice for athletes
HLTMSG008	Monitor and evaluate remedial massage treatments
HLTHPS010	Interpret and use information about nutrition and diet
SISSSCO307	Provide nutrition information to athletes
HLTWHS004	Manage work health and safety

Below is the list of subjects where the Health Training package requirements are completed.

Unit	Subject	Hours	Fees
Unit 1	Anatomy and Physiology	120	\$650
Unit 2	Massage and practice in Australian Health Care	40	\$350
Unit 3	Counselling Skills	60	\$650
Unit 4	Introduction to Massage	80	\$650
Unit 5	Pathology	70	\$650
Unit 6	Massage Assessments and Protocols	80	\$650
Unit 7	Practice Management	80	\$650
Unit 8	Business Plans	40	\$450
Unit 9	Work Health and Safety	30	\$350
Unit 10	Senior First Aid	30	\$140
Unit 11	Kinesiology	60	\$650
Unit 12	Remedial Massage Theory and Practice 1	60	\$650
Unit 13	Massage for Different Needs	60	\$650
Unit 14	Remedial Massage Theory and Practice 2	60	\$650
Unit 15	Food as medicine	40	\$650
Unit 16	Sports Massage	60	\$650
Unit 17	Sports Nutrition	60	\$650
Unit 18	Supervised Student Clinic	270	\$650
	Administration Fee		\$250
	Total	1280	\$10,640



DIPLOMA OF SHIATSU and ORIENTAL THERAPIES HLT52215

We offer a Nationally Recognised Training qualification in Shiatsu. Diploma of Shiatsu and Oriental Therapies HLT52215 can now be completed in 10 months. The training includes study in Zen Shiatsu, Namikoshi, Bare foot and Ohashi styles.

All classes start with Zen Yoga so students not only become supple and strong, but also develop self awareness and the capability to impart the philosophy of self management to others by example.

The Diploma course offers comprehensive training in all areas of Shiatsu practice. Graduates of this comprehensive study program are well equipped to treat and advise their future clients with a high degree of professionalism and experience and applicable knowledge. What makes our program unique is the inclusion of current technological treatment methods such as Ryodoraku.

Ryodoraku is a simple electronic meridian diagnosis which in conjunction with either laser or finger pressure on certain pressure points, helps restore imbalances in the body.

This system is great for using on children or for patients that are difficult to diagnose in the conventional ways

At ACEM our philosophy is that each person is ultimately responsible for their own health. We have a strong emphasis on encouraging our students to influence their future clients in being more involved in their own well being.

Training includes the study of over 50 stretches that can be easily taught to clients. Our training also includes in Food as Medicine where students are taught how to prepare healthy and tasty meals that can be individualised for each client's needs.

Below is a the list of the units in the Health Training Package

SUBJECT CODE	Unit Title
CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
CHCLEG003	Manage legal and ethical compliance
CHCPRP003	Reflect on and improve own professional practice
CHCPRP005	Engage with health professionals and the health system
HLTAAP002	Confirm physical health status
HLTAAP003	Analyse and respond to client health information
HLTAID003	Provide first aid
HLTINF004	Manage the prevention and control of infection
HLTSHU001	Work within a framework of traditional oriental medicine
HLTSHU002	Develop Shiatsu practice
HLTSHU003	Maintain personal health and awareness for traditional oriental medicine practice
HLTSHU004	Perform Shiatsu therapy health assessments
HLTSHU005	Perform oriental therapies health assessments
HLTSHU006	Provide Shiatsu therapy treatments
HLTSHU007	Provide oriental therapies treatments
HLTSHU008	Adapt Shiatsu and oriental therapies practice to meet specific needs
HLTSHU009	Monitor and evaluate traditional oriental medicine treatments
HLTWHS004	Manage work health and safety
BSBSMB403	Market the small business
BSBSMB404	Undertake small business planning
CHCCCS001	Address the needs of people with chronic disease
CHCDIS007	Facilitate the empowerment of people with disability

Below are the subjects that are offered to fulfil the Health Training requirements

Unit	Subject	Hours	Fees
Unit 1	Anatomy and Physiology	120	\$650
Unit 2	Shiatsu 1	60	\$650
Unit 3	Counselling Skills	80	\$650
Unit 4	Shiatsu 2	60	\$650
Unit 5	Pathology	70	\$650
Unit 6	Oriental Medicine Theory	80	\$650
Unit 7	Practice Management	80	\$650
Unit 8	Business Plans	40	\$450
Unit 9	Work Health and Safety	30	\$350
Unit 10	Senior First Aid	30	\$140
Unit 11	Meridian Theory and Point Location	60	\$650
Unit 12	Physical Diagnosis	60	\$650
Unit 13	Differential Diagnosis	60	\$650
Unit 14	Shiatsu 3	60	\$650
Unit 15	Assessment and Care	60	\$650
Unit 16	Oriental Therapies	60	\$650
Unit 17	Oriental Remedial Therapies	60	\$650
Unit 18	Psychology and Oriental Medicine	60	\$650
Unit 19	Food as Medicine	60	\$650
Unit 20	Clinical Practice	250	\$650
	Administration Fee		\$250
	Total	1280	\$12,240

ANIMAL ACUPUNCTURE AND ORIENTAL THERAPIES CERTIFICATE



Training is comprised of Practical and Theoretical units of study.

The option is available for study to be completed in either 12 months or over a longer period of time.

Training is accredited by The International Institute of Complimentary Therapists and graduates can obtain malpractice insurance.

Unit 1 Oriental Medicine Theory

MODE OF DELIVERY –CORRESPONDENCE

The Theories that constitute Traditional Chinese Medicine are detailed in this unit of training, including the Yin Yang Theory, The Five Element Theory and the Functions of the Organs

Unit 2 Animal Shiatsu

MODE OF DELIVERY 2 DAY SEMINAR

Animal Shiatsu is the application of Japanese style acupressure massage to animals. Students are guided in the correct application of Shiatsu to all meridians on horses Shiatsu has many health benefits to horses and other animals and also assist the practitioner in diagnosis of their health status.

Unit 3 Animal Acupuncture 1

MODE OF DELIVERY 3 DAY SEMINAR

Students are instructed on safe acupuncture procedure including hygiene, needle disposal and contraindications. Basic needling and point location of the Five Transporting Points is included. Laser therapy is also covered in this unit.

Unit 4 Animal Acupuncture 2

MODE OF DELIVERY 3 DAY SEMINAR

More advanced needle techniques and point combinations are introduced including the use of the Eight Extraordinary Vessels, Yuan and Luo point Combinations and Frequency Therapy

Unit 5 Animal Acupuncture 3

MODE OF DELIVERY 3 DAY SEMINAR

The Tendinomuscular Meridians and the Distinct meridians are studied together with the Four Needle technique and Fascia Release Therapy.

Unit 6 Differential Diagnosis

MODE OF DELIVERY –CORRESPONDENCE

Accurate diagnosis is essential in determining the best method of treating the horse. This unit details the differentiating patterns of disease in the organs and outlines the best treatment method and point selections for each individual disorder.

Unit 7 Meridian Theory and Point Location

MODE OF DELIVERY – CORRESPONDENCE

The theories behind the dynamics of the meridians and the function and location of the major points is consolidated in this unit.

Unit 8 Anatomy and Physiology

MODE OF DELIVERY- CORRESPONDENCE

Structure and Function of Horse anatomy and Physiology together with horse handling skills are covered in this unit. This unit is offered by Tamworth TAFE .

Unit 9 Practice Management

MODE OF DELIVERY- CORRESPONDENCE

A successful business is determined by many factors. This unit helps prepare those who have no business skills to understand essential elements in running a business including marketing strategies, book keeping and advertising approaches.

Unit 10 Supervised Student Clinic

MODE OF DELIVERY one 5 DAY SEMINAR

The accumulation of the skills obtained from all other units are consolidated in a clinical environment.

Unit	Subject	Hours	Fees
Unit 1	Oriental Medicine Theory	70	\$650
Unit 2	Animal Shiatsu	60	\$650
Unit 3	Animal Acupuncture 1	60	\$900
Unit 4	Animal Acupuncture 2	60	\$900
Unit 5	Animal Acupuncture 3	60	\$900
Unit 6	Differential Diagnosis	60	\$650
Unit 7	Meridian Theory and Point Location	60	\$650
Unit 8	Anatomy and Physiology for Horses (External)	100	\$600
Unit 9	Practice Management	60	\$450
Unit 10	Student Supervised Clinic	60	\$900
	Administration Fee		\$250
	Total	650	\$7,500

CPE courses

ACEM offers a number of Continuing Professional Education (CPE) courses.

CPE points are a part of annual requirements by all major Health Societies such as ATMS, ANTA and AAMT

ACEM offers both distance and face to face learning options including:

- Dry Needling
- Facial Rejuvenation Dry needling
- Cupping Certificate
- Scalp Acupuncture

Training is offered at all campuses at different time of the year.